

Autobiography in Five Short Chapters *by Portia Nelson*

I

I walk down the street.
 There is a deep hole in the sidewalk.
 I fall in
 I am lost ... I am helpless
 It isn't my fault.
It takes forever to find a way out.

II

I walk down the same street.
 There is a deep hole in the side walk.
 I pretend I don't see it
 I fall in again
 I can't believe I am in the same place.
 But it isn't my fault.
It still takes a long time to get out.

III

I walk down the same street.
 There is a deep hole in the sidewalk.
 I see it is there
 I still fall in ... it's a habit
 My eyes are open.
 I know where I am.
 It is my fault.
I get out immediately.

IV

I walk down the same street.
 There is a deep hole in the sidewalk.
 I walk around it.

V

I walk down another street.

Taken from "TA Today"
written by Ian Stewart and Vann Joines;
1987, North Carolina.